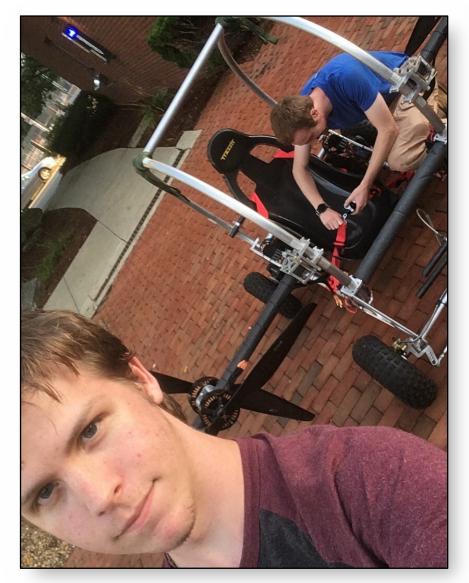
# BILL FOURNET

### **UBER AIR**







# AGE OF DISRUPTION

SPEED OF CHANGE

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# Technology is democratizing the power to change the world.

-Peter Diamandis



BF

# The Reset



2-3

DAYS WORKING FROM

HOME IS IDEAL

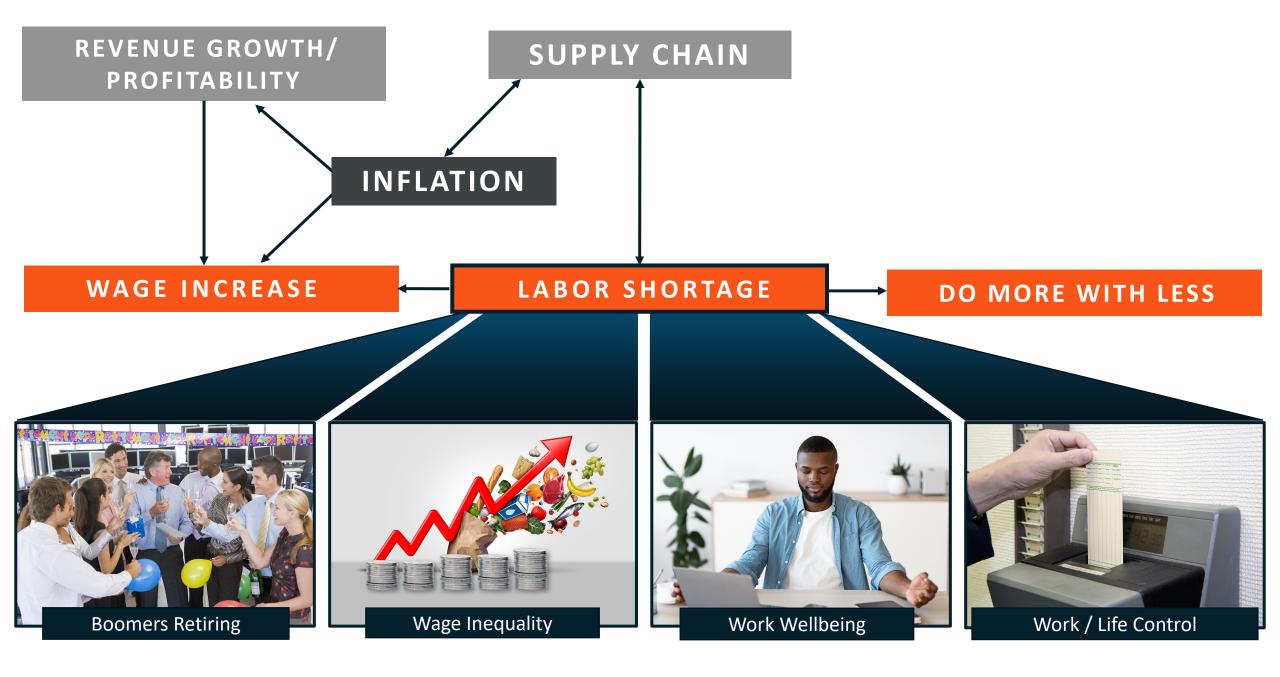
WOULD CONSIDER QUITTING THEIR JOBS IF THEY WERE NOT AWARDED THE SAME FLEXIBILITY THAT THE PANDEMIC INITIALLY GAVE THEM



PREFER TO WORK IN THE OFFICE FULL TIME



EY 2021 Work Reimagined Employee Survey.



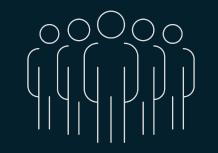
**COMPLEXITY OF CHALLENGES** 

## PEOPLE

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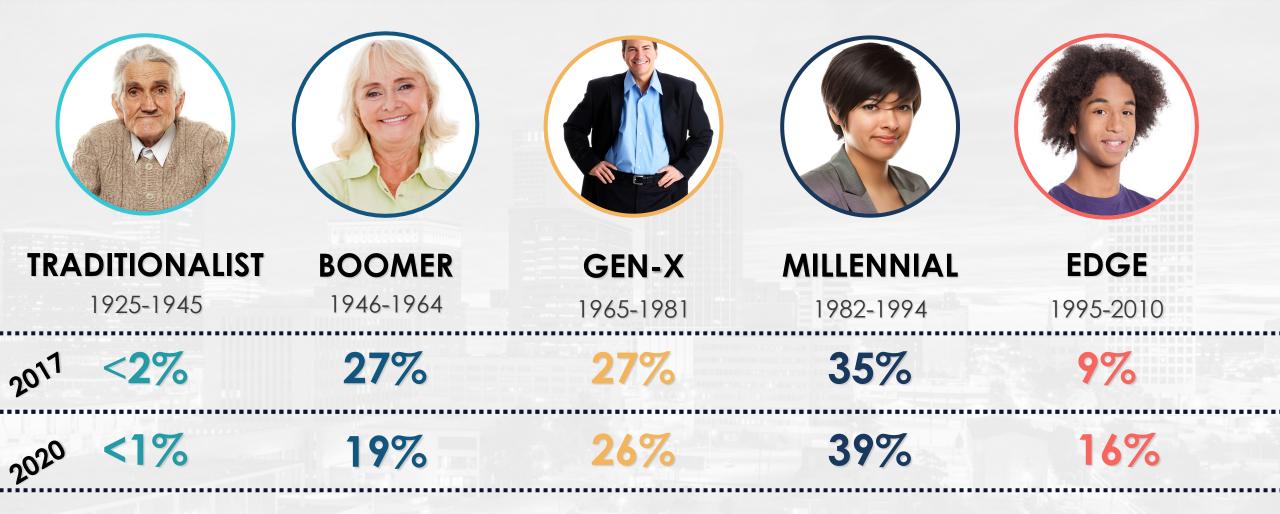
# TACTICS



# PEOPLE



### **Changes In The Workforce**



### **EXPERIENCE ECONOMY**





# 80%

Séekiktisooiversondteoethingin impoldaaltexperiefnæless they are as a person



=}=

# Bleisure

Mix Pleasure with Business



Would you extend a business trip into a leisure trip?





#### Are you considering how other's want to receive back?









### **OUTCOMES OVER OUTPUTS** IT'S NOT ABOUT ACTIVITY





### TYPICAL GOAL...

Deploy the new Call Center software by 5/11/22 on time and in budget.

### WHAT IF SUCCESS LOOKED LIKE...

For 90 days after we deploy the software, my phone rings only with compliments.

DEVELOPMENTAL EXAMPLE

#### Applying intent to develop an employee...

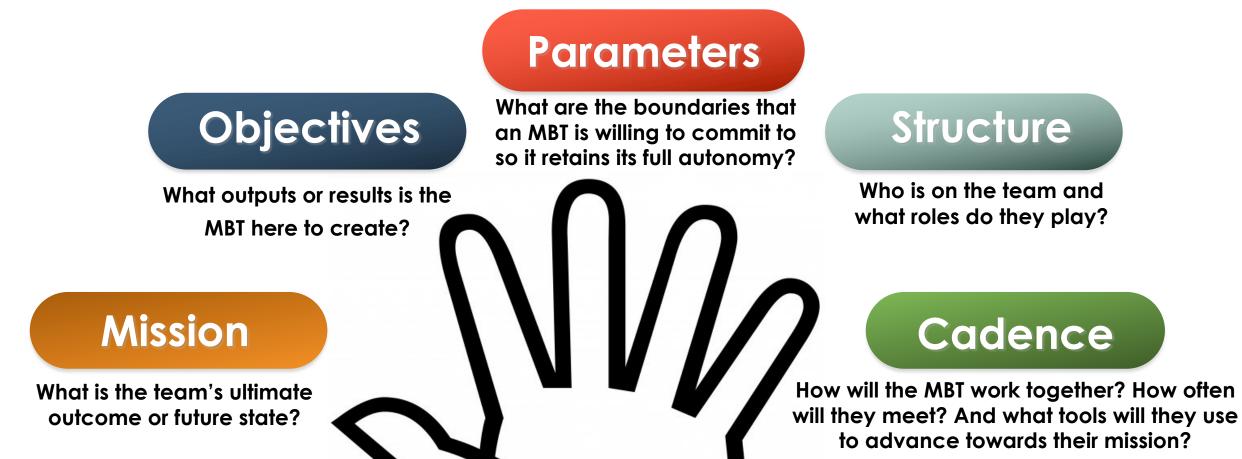
### GOAL



#### OUTCOME

Success is that by June 30, 2022, you can lead the weekend shift without my involvement, unless there is a critical personnel or facility issue.





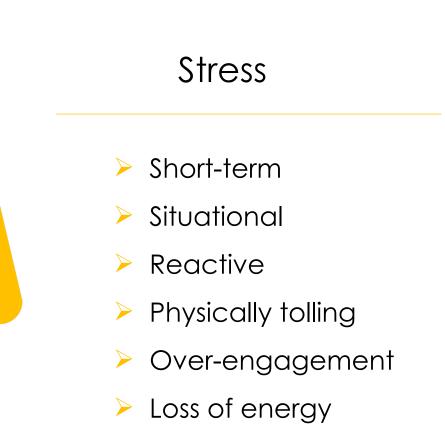


# BURNOUT IS REAL AND On the rise

### What's the difference between stress and burnout?

#### Burnout

- Long-term
- Pattern
- Going through the motions
- Emotionally tolling
- Disengagement
- Loss of motivation



## Millennials





- Unmanageable workload
- Unclear Communication
- Lack of Manager support
- Unreasonable time pressure

Compound effect of **social media** and always being "on"

Inundated with information leading to feeling overwhelmed

#### Unmanageable workload

Unclear roles and responsibilities

Lack of social support and recognition

We are "always on"

Monotonous or unchallenging work

## WHAT CAUSES JOB BURNOUT?

### **CREATE WHITE SPACES AND TRANSITIONS IN YOUR CALENDAR**

#### BE INTENTIONAL. HOLD YOURSELF ACCOUNTABLE

Schedule at least 2 hours/week of White Space

White Space is unstructured time for you to think, learn, plan

Schedule **transition time** between meetings to refresh your brain and body

MONDAY	
23	
Focus Time	
Review Budget	
Transition	
Prep for Next S	ession
Development S J. Sanders	Session:

The Three 'I's HOW TO WIN YOUR WEEK NO MATTER WHAT

#### STEP 1 IDENTIFY PRIORITIES

Sunday Night

STEP 2 INITIATE TIME BLOCKS

Monday Morning

STEP 3 INSPECT PROGRESS

Friday Afternoon

# Declare Your Intent

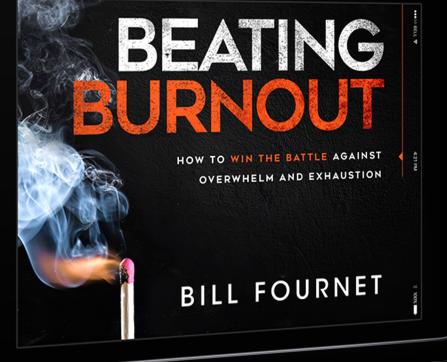
### Priorities + Parameters

# Things you can ----- Cadence

|**Ⅲ** × −

Focus





### GET A FREE COPY OF BILL'S NEW eBOOK

#### YOU'LL RECEIVE BILL'S TOP 3 STRATEGIES TO HELP YOU:

- Find Purpose
- Remove the "Noise"
- Delegate for Success, and...

### BEAT BURNOUT FOR GOOD!





## LET'S CONNECT!

### **Bill Fournet**

Email: BillFournet@ThePersimmonGroup.com LinkedIn: www.linkedin.com/in/billfournet Twitter: @billfournet