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COVID-19 Membership Update: March 3

OKWIL Event: The Ego Trip (Up): How Decision Fatigue Leaves Us Depleted



OH&LA chapter of AH&LA Women in Lodging

Have you ever sat through a difficult conversation and remained emotionally collected, then struggled to make a decision for the remainder of the day? Have you ever planned, shopped, and prepped your groceries for the week, and then looked at your overflowing refrigerator and instead ordered pizza? What about needing to go back to bed after you have gotten everyone where they need to go in the morning instead of facing the day head-on?

These are all real, and completely normal situations...and have something in common...decision fatigue. In this session, individuals will hear about the effects of decision fatigue, and what they can do to help recognize, prepare for, and potentially alleviate the exhaustion that comes with this process.

Join us March 4 from 11:45 am - 1 pm for \$25 or make it a team event for one low price! You need only register one person from your hotel property or supplier business and your entire team can take part in this great session.

The morning of the session, the person who officially registered will receive an email from Theresa@okrestaurants.com which will contain your Zoom participation link, Meeting ID and password.

REGISTER HERE

OHLA Legal Resource Center

The OHLA Legal Resource Center is free and available to all members. Business laws and regulations can sometimes be very frustrating and challenging. Our legal teams are ready to assist members with any legal issues that may arise, large or small.

Contact Jim Hopper at 800-375-8181 or email jim@okrestaurants.com for more info.

OHLA Member Scholarship Opportunities

Annually, OHLA offers scholarship opportunities toward professional certification, advocacy funding to travel to the AHLA Legislative Action Summit to participate as a part of the Oklahoma delegation, and for students making a career in hospitality. Contact [Patti Colley](#) for questions and more details on any of these scholarships.

1. The OHLA Member Certified Hotel Administrator (CHA) Scholarship is available to members in good standing of one or more years. There is no deadline to apply, however, the opportunity is limited, and awards up to four (4) \$525 scholarships per year. A member may only receive one CHA scholarship. Scholarship funding is based on a first-come-first-serve basis, eligibility, meeting the requirements, and available funding at the time the application obligations are completed. [Apply here for CHA scholarship](#)
2. Member AHLA Legislative Action scholarship applications are being accepted. This \$2,000 scholarship will provide an opportunity to attend the AHLA Legislative Action Summit with the Oklahoma Delegation and to take part in activities and visits with Members of Congress from your home state to discuss the most important issues affecting our industry and your business. The LAS is a unique and powerful experience that no hospitality professional should miss! [Apply here for LAS scholarship.](#)

STR: U.S. Hotel Occupancy Remains Below 50%

U.S. weekly hotel occupancy remains below the 50% mark, according to the latest data from STR. [View the full report here.](#)

Member Feedback Needed

OHLA is planning member educational content for 2021 and would like to ask for your feedback on three simple questions in order to design the most relevant educational content possible. We hope you'll help us help you!

[CLICK HERE FOR SURVEY](#)

Upcoming AHLA Live Streaming Events

From insightful interviews with renown hotel CEOs and Senators; to conversations with female leaders in honor of the Day of the Woman; to critical COVID-19 policy updates and safety and security best practices – AHLA has you covered. Check at the lineup below!



Women at the Top: Female Leaders on the AHLA & Foundation Boards

Celebrate International Women's Day with AHLA in this two-part ForWard Thinking Series. Live-streamed from Hotel Zena, a new hotel in Washington, D.C. celebrating female empowerment.

[REGISTER HERE](#)



Let's unite to celebrate the stars in our midst!

Join us Tuesday, March 23 at 3 pm for this special live streaming event where we will recognize the winners of the 2021 AHLA Stars of the Industry Awards.

[REGISTER HERE](#)



Safety Summit

Engage with colleagues nationwide on Wednesday, April 14 from 12-3 pm to tackle the latest safety and security concerns with leading experts in the field. The future of the hotel industry depends on addressing an ever-evolving array of new and complex challenges presented by COVID-19 and beyond. While employee and guest safety has always been a top priority, it has never been more important.

[REGISTER HERE](#)

